



# Annual Report Fiscal Year 2014

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## A Message From The Executive Director



**Duane Piccirilli** Executive Director

### **A NEW BEGINNING**

Once again the Mahoning County Mental Health Board Members and its staff are pleased to release our annual report for FY 2014.

During this past year the Board has experienced a year of changes which included the appointment of a new Executive Director, Medicaid expansion, and continued discussion of the consolidation of the Mahoning County Mental Health Board with the Mahoning County Alcohol and Drug Addiction Services Board.

As the new Executive Directors I see many opportunities in the coming year for our agency, as well as the agencies that are part of our continuum of care. I am looking forward to collaborating with other systems in Mahoning County as well as other Mental Health and Recovery Boards throughout our region.

We have a long history of service to our community, and we need to ensure this safety net continues to be there in the future for our most at risk citizens.

We will to continue to be a leader in developing a positive and strong voice for people living with mental illness by continuing our anti stigma campaign and to support programming utilizing peer support specialist and recovery coaches whenever possible.

Housing will be a strong focus this year to ensure our consumers will have the opportunities to live in a safe environment. The 40 Unit complex being developed by Meridian, Compass

and Help Hotline will only be the beginning of many more safe affordable housing opportunities in Mahoning County .

The future consolidation of the two Boards will not only provide a more cost effective system, but will blend the expertise of both staff into a comprehensive support network made up of agencies with years of experience in providing services and to our citizens with a seamless system of care.

With the support of the Board members, the staff and our contract agencies, I pledge to continue the highest quality of services to our community.

**Duane Piccirilli** Executive Director

### **2014 Mahoning County Mental Health Board Members**

Mr. Daniel Yemma		Chairman
Attorney Nomiki Tsarnas		1st Vice Chairman
Mr. Edgar Manning		2nd Vice Chairman
Ms. Anne Lally		Acting Secretary
Mr. James Betrando	Lt. Michael Cretella	Ms. Suzanne Paluga

Attorney James Callen

Lt. Michael Cretella Bishop C. M. Jenkins Ms. Suzanne Paluga Capt. Stephen Szekely

### MAHONING COUNTY MENTAL HEALTH BOARD STAFF

Duane J. Piccirilli, M.A., LPCC-S	
William Carbonell, M.Ed., LPC	Director of Clinical Programs & Evaluation
Toni M. Notaro, M.Ed., LPCC-S	Administrative Director
Howard Merritt, Jr	Director of Finance
Michele Petrello	Administrative Assistant
Marla Ogan	Account Specialist

Cover Design by Compass Daybreak Program

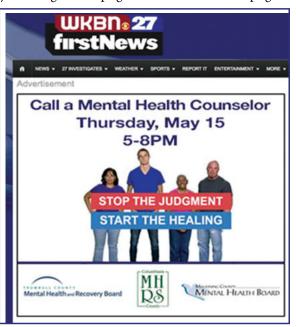
## Call A Counselor Provides New Access Point

The Mahoning County Mental Health Board (MCMHB), along with its sister Boards Columbiana and Trumbull, joined forces with WKBN to provide the first ever Call a Counselor event in the Valley. The event, held in May as part of "May is Mental Health Month", represented another facet of the three year old Tri-County Anti-Stigma Campaign. The focus of the campaign is

to break down barriers that hinder individuals from reaching out for treatment. "Call a Counselor" presented another avenue to make a first contact and receive referral sources, encouraging callers to make that "first call" to a treatment resource. WKBN widely promoted the event across all their news programming and with a crawl across other programs. Within a three hour period mental health professionals received 78 calls and made 102 referrals to 20 different agencies across the tri-county area

to individuals or family members seeking help for mental health issues. The primary issues identified were, depression (35% of calls), anxiety (15%), marital/relationship (13%), and grief issues (12%). The campaign will look to repeat the event in May of 2015.





## Youth Mental Health First Aid Training Comes To The Valley

The MCMHB provided funding for the D & E Counseling Center to provide Youth Mental Health First Aid (YMHFA) training in Mahoning County. YMHFA is designed to teach adults how to help an adolescent (age 12-18) who is experiencing a mental health challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis

situations. YMHFA is an internationally recognized best practice that has been shown to reduce the social distance created by negative attitudes and perceptions of individuals with mental illnesses.





D & E's Anita Williams LPC, a Nationally Certified Mental Health First Aid Instructor, provided three trainings in FY14 to participants from the clergy, girl scouts, law enforcement and drug and alcohol professionals.

# Mental Health Happenings 2014



Mental Health Advocate of the Year Wendy Laurenzi



**Vanguard Award** Presented in honor of former Board Member Louis J. Rivello to recognize frontline employees in the mental health system **Robert Altman** Help Hotline Crisis Center



**Eagle Award** *Christine Flak* 

## HUMAN TRAFFICKING WORKSHOP

The MCMHB in conjunction with Help Hotline Crisis Center welcomed over 200 participants to Mr. Anthony's Banquet Center for a workshop focused on human trafficking. Holly Smith, a survivor of child human trafficking, told the audience of mental health professionals how she was able to escape from the clutches of a sex trafficking ring. Ms. Smith has become an advocate for stronger protection for victims of human trafficking and has testified before congress for increased legislation to address this issue.

www.helphotline



April Caraway, Executive Director Trumbull County Mental Health and Recovery Board, Duane Piccirilli, Executive Director MCMHB (former HHCC Director) and Tracey Plouck, Director of the Ohio Department of Mental Health and Addiction Services.



Featured Speaker Holly Smith



Crisis Intervention Training (CIT) in October of 2013 brought the number of trained law enforcement to 205 in Mahoning County or 29% of all law enforcement... CIT Officers of the Year

Rick Baldwin and Dave Wilson and Youngstown Police Department

# Mental Health Happenings 2014

### **REUNITING FAMILIES**

Compass Family and Community Services Daybreak program sheltered 162 youth during FY14. Daybreak, which receives MCMHB funding is a 10 bed shelter for runaway, throwaway and otherwise homeless youth. The shelter provided over 2,100 days of care while achieving a 97% positive discharge, with most youths being reunited with their families.

### **Developing Future Leaders**

Meridian Community Care's PANDA Leaders Club recognizes students who are taking a leadership role in their community and empowers them to inspire their peers to make responsible decisions about their lives. The MCMHB provides funding for scholarships so students can attend the year round program.

## Helping To Reduce Recidivism

The MCMHB assisted Turning Point Counseling Services in securing a \$74,000 grant from the Ohio Department of Mental Health and Addiction Services to expand services at the Community Corrections Association facility in Youngstown. MCMHB funding also allowed for increased services at the Mahoning County Justice Center. These programs encourage inmates to make better choices and to ensure availability of community resources upon release in hopes of preventing reoffending behaviors.

## Mental Health Court Graduations

Graduation from the Felony Mental Health Court in FY 14 brought the total number of graduates since its inception in 2006 to 38. The court, which is funded by the MCMHB and operated by Turning Point Counseling Services, originates from Judge Maureen Sweeney's court. The program was created in an effort to divert mentally ill individuals into needed treatment where they and the community could be better served. In addition to helping the over population situation in jails and prisons, the mental health court saves taxpayer dollars by facilitating work programs, thus keeping participants from being dependent on the welfare, hospital and criminal justice systems. The program's success is reflected in the 92% of graduates that have not re-offended.



Tracey Cullen and Betty Rinda, Turning Point Counseling Services Staff and Levy Supporters

# Thank You Mahoning County Voters!

Mahoning County voters, by an overwhelming majority (70%), passed the MCMHB's .85 mill levy renewal. Funds generated by the levy help to provide critical services to residents experiencing mental health issues. The Board of Directors and the entire mental health community appreciate the support. Thank You Mahoning County!!!!

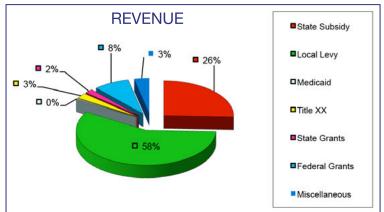
## Report of Revenue and Expenditures

### Cash Balances Fiscal Year 2014

### REVENUE

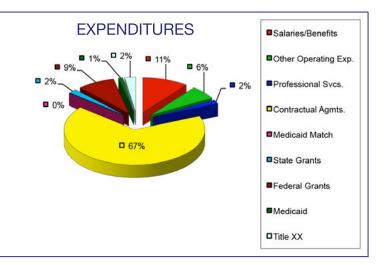
State Subsidy
Local Levy
Medicaid
Title XX
State Grants
Federal Grants
Miscellaneous

\$1,864,881.00
\$4,226,696.78
\$22,106.41
\$179,723.00
\$137,509.00
\$603,178.97
\$250,007.73



### **CASH EXPENDITURES**

Salaries/Benefits	\$758,952.79
Other Operating Exp.	\$451,787.04
Professional Svcs.	\$126,932.09
Contractual Agmts.	\$4,819,732.30
Medicaid Match	\$0.00
State Grants	\$133,212.43
Federal Grants	\$621,285.46
Medicaid	\$69,293.29
Title XX	\$179,723.00
	\$7,160,918.40



CASH BALANCE JULY 1, 2013	\$5,724,011.14
Revenue	\$7,284,102.89
Expenditures	\$7,160,918.40
CASH BALANCE JUNE 30, 2014	\$5,847,195.63

(unaudited figures)

# Services Provided Fiscal Year 2014

	Compass	CSN	D&E Counseling	Help Hotline	Meridian Community	Turning Point	Hospitals	Total
SERVICE								
Medication	706	884	1,854		120	6,382		9,946
Diagnostic Assessment	490	68	1,546		75	3,315		5,494
Individual Counseling	4,780	912	11,681		2,127	9,370		28,870
Group Counseling	836		8,216		631	5,639		15,322
Crisis Intervention						2,109		2,109
Individual CSP	1,331	3,159	4,330		1,333	9,372		19,525
Group CSP			53			4,292		4,345
Other MH Service				1,500		1,519		3,019
Employment	5,153							5,153
Jail Services						606		606
Partial Hospitalization								
Homeless Outreach								
Guardianship				2,394				2,394
Totals	13,296	5,023	27,680	3,894	4,286	42,604		96,783
Information & Referral*				49,681				49,681
Payeeship*				40,872				40,872
Other MH Services*			6,394	2,574				8,968
Community Center*				11,200				11,200
Prevention/Education*			1,639	2,100				3,739
Behavioral Health Hotline*				123,908				123,908
Warmline (peer)				269				269
After School Program*			80					80
Camp Attendees*			40					40
Crisis Care (Crisis Bed)*						4,007		4,007
Residential Care*	6,511							6,511
Subsidized Housing*	16,283							16,283
Inpatient Private*							386	386
Inpatient State*							10,005	10,005
							-	
Total Units of Service (hours)	13,296	5,023	27,680	3,894	4,286	42,604	0	96,783
Total Contacts*	22,794	0	8,153	230,604	0	4,007	10,391	275,949

# Persons Served in Fiscal Year 2014

PROVIDERS	African American		Caucasian		Hispanic		Other		Persons Served
	Male	Female	Male	Female	Male	Female	Male	Female	
Compass Family	213	320	405	438	40	24	56	87	1,583
Community Support Network	20	13	16	24	1	0	0	0	74
D & E Counseling	421	257	454	299	98	89	57	40	1,715
Meridian Services	10	17	51	71	1	0	100	85	335
Turning Point Counseling	648	832	1,419	1,668	130	165	53	91	5,006
Total Cases	1,312	1,439	2,345	2,500	270	278	266	303	8,713

### MAHONING COUNTY MENTAL HEALTH BOARD CONTRACT AGENCIES

#### **COMPASS FAMILY and COMMUNITY SERVICES**

Provides three core areas of service: <u>Residential:</u> Daybreak, Sojourner House Domestic Violence Services, Behavioral Health Residential Services (the Doris Burdman Home and supportive housing);<u>Center for Workforce Development and Financial</u> <u>Stability</u>: Employment, Job Retention and Vocational Rehabilitation Services and Financial Education Services; and <u>Outpatient</u> <u>Services</u>: The Rape Crisis and Counseling Center, Guardianship, Ryan White, Counseling Services and Case Management Services.

535 Marmion Avenue • Youngstown, Ohio 44502 Phone: 330.782-5664 www.compassfamily.org Director: Joseph F. Caruso, M.B.A.

#### HELP HOTLINE CRISIS CENTER, INC.

Provides 24-hour community information and referral crisis hotline, 211, Cold Weather Emergency Shelter Program, Community Center, Guardianship Program, Payeeship Program, Housing Assistance Program, Homeless Outreach Program, Senior Line, Victims Assistance program, Special Navigator (for families with special needs), BRIDGES and WRAP, Warm Line and Victims of Crime and Suicide Support Groups.

P.O. Box 46 • Youngstown, Ohio 44501 Phone: 330.747.2696 • 330.744.0579 TDD www.helphotline.org Director: Vince Brancaccio, LISW

#### **MERIDIAN COMMUNITY CARE**

Provides outpatient & residential addiction treatment for adults & adolescents, specialized services for dual-disordered individuals, supportive housing programs, short-term counseling, community education & prevention, and employee assistance and wellness through Meridian WorkLife division.

527 North Meridian Road • Youngstown, Ohio 44509 Phone: 330.797.0070 www.meridiancommunitycare.org CEO: Lawrence J. Moliterno, M.B.A.

#### **D & E COUNSELING CENTER**

Providing children, teens and their families with behavioral health counseling, psychiatric, community support, therapeutic recreation and education services, as well as consultation to child care professionals and educators to promote child resiliency with the goal of preserving family unity and support and the improvement of the child's success in their school and community.

142 Javit Court • Youngstown, Ohio 44515 Phone: 330.793.2487 www.dandecenter.com Director: Gregory Cvetkovic, Psychologist

### MAHONING COUNTY COMMUNITY SUPPORT NETWORK

Provides diagnostic assessment, individual and group counseling, medication, medication monitoring and case management to clients who have been identified as needing intensive services.

1344 Fifth Avenue • Youngstown, Ohio 44504 Phone: 330.742.2593 Program Supervisor: Christine White, LPCC-S

### **TURNING POINT COUNSELING SERVICES**

Provides individual and group counseling, community support, psychiatric, medication, and crisis stabilization services. Assists adults in coping with a wide variety of problems encountered in everyday living.

611 Belmont Avenue • Youngstown, Ohio 44502 420 Youngstown-Poland Rd. • Struthers, Ohio 44471 Phone: 330.744.2991 www.turningpointcs.com Director: Joseph A. Sylvester, M.Ed., LPCC-S, LICDC

**INPATIENT PROVIDERS:** 

Humility of Mary Health Partners

• Heartland Behavioral Healthcare System • SUMMA Health System, St. Thomas Hospital

### ALSO RECEIVING FUNDS BY SPECIAL GRANT:

ACLD Learning Center
Mahoning County Felony Mental Health Court

Alzheimer's Assistance & Referral Network
Mahoning Valley Dispute Resolution
Catholic Charities Bereavement Program

NAMI Mahoning Valley

Compass Family Rape Counseling Program

OCCHA
Federation of Families
PANDA Prevention Program

Help Hotline Mental Health Community Center

Potential Development
Help Hotline Payeeship Program
Youngstown Area Goodwill Industries